

## FEELING BROKEN?

If we're honest with ourselves,  
every single one of us is broken.

Whether it's **hurts, habits, or hang-ups**,  
our lives have been damaged —  
both by ourselves and by this fallen world.

But the good news is  
**God loves us so much**  
that he sent his son Jesus to heal us.

**So now we can**  
***Celebrate Recovery!***

---

### CELEBRATE RECOVERY

is a Christ-centered 12-Step program  
that ministers to damaged people  
— *which is essentially everyone* —  
by helping them turn their lives over  
to Christ's healing care.

#### Recovery areas include:

Addiction (alcohol, drugs, gambling, sex, pornography, etc.),  
co-dependency, perfectionism, low self-esteem, depression,  
fear of rejection / abandonment, eating disorders, grief,  
broken relationships, guilt, resentment, anger, all sorts of  
abuse, **and any other damaging hurts, habits, or hang-ups**  
***you may be struggling with.***

---

## THE ROAD TO RECOVERY

by Rick Warren

**R**ealize I'm not God. I admit that I am powerless to control my  
tendency to do the wrong thing and that my life is unmanageable.

***"Happy are those who know they are spiritually poor."***

~ Matthew 5:3

**E**arnestly believe that God exists, that I matter to Him, and that  
He has the power to help me recover.

***"Happy are those who mourn, for they shall be comforted."***

~ Matthew 5:4

**C**onsciously choose to commit all my life and will to Christ's care  
and control.

***"Happy are the meek."*** ~ Matthew 5:5

**O**penly examine and confess my faults to myself, to God, and to  
someone I trust.

***"Happy are the pure in heart."*** ~ Matthew 5:8

**V**oluntarily submit to every change God wants to make in my life  
and humbly ask Him to remove my character defects.

***"Happy are those whose greatest desire***

***is to do what God requires."*** ~ Matthew 5:6

**E**valuate all my relationships. Offer forgiveness to those who  
have hurt me and make amends for harm I've done to others,  
except when to do so would harm them or others.

***"Happy are the merciful."*** ~ Matthew 5:7

***"Happy are the peacemakers."*** ~ Matthew 5:9

**R**eserve a daily time with God for self-examination, Bible reading,  
and prayer in order to know God and His will for my life and to gain  
the power to follow His will.

**Y**ield myself to God to be used to bring this Good News to others,  
both by my example and by my words.

***"Happy are those who are persecuted because***  
***they do what God requires."*** ~ Matthew 5:10

---